Football Coaching & Football English

Stratford, London

A DYNAMIC 1-WEEK IMMERSION PROGRAMME

This unique one-week programme combines UEFA/FA qualified football coaching with specialist English language tuition, giving students an immersive experience rooted in the sport they love. Set in the heart of Stratford, one of London's most vibrant and sports-rich neighbourhoods, participants will train, learn, and explore in the home of West Ham United FC.

Designed for football enthusiasts at all levels, the programme delivers two hours of professional pitch training and two hours of English lessons every day, alongside cultural excursions that bring the history and excitement of the beautiful game to life.

Programme Overview

£1,245 net per person

Age	12 to 17 years old*
Duration	1 week (Monday to Sunday)
Location	EP London | The Score Centre
Group Type	Closed groups available year round (excluding summer peak)
Price	£1,245 net per person
Minimum Group	15 students (1 Group Leader included free)
Accommodation	Homestay (full board)
English Level	B1 (Pre-intermediate) to C2 (Advanced)
End of course certificate	Included
Airport transfers	Arrival & Departure

WHAT'S INCLUDED

- 10 hours of UEFA/FA qualified football coaching (2 hrs/day, Mon to Fri)
- 10 hours of Football English tuition at EP Stratford (2 hrs/day, Mon to Fri)
- Full Board host family accommodation (7 days, Mon to Sun)
- West Ham United London Stadium tour
- 1 Group Leader's place is included free (based on 15 students)
- Travel and medical insurance
- Certificate of completion
- Social programme
- Activities and excursions
- Airport transfers (arrival & departure)

NOT INCLUDED

- Flights and travel to London
- Personal spending money
- Additional paid excursions (available on request)

AVAILABILITY & BOOKING

This programme runs year-round as a closed group booking (excluding the summer peak period when pitch availability may be limited). Early booking is recommended for summer dates, which can still be accommodated with advance planning.

The programme is sold exclusively as a closed group. Minimum group size: 15 students.

Football Coaching

START THE DAY ON THE PITCH!

Each morning, students will head to The Score Centre, a modern indoor facility, for two hours of fun and engaging football coaching. They will be led by a fully DBS checked and First Aid trained UEFA/FA qualified coach.

Sessions are designed to be engaging, challenging and rewarding. Players will:

- **Develop key technical skills like passing, shooting, dribbling, and ball control**
- **Improve tactical understanding of formations and team play**
- **Build confidence through match scenarios and small-sided games**
- **Work with peers from around the world in a professional coaching environment**

Training takes place Monday to Friday, 2 hours per day.

FACILITIES & KIT

All training takes place at The Score Centre, a state-of-the-art indoor facility, only a short 15-minute bus ride from Stratford Station, making it an excellent all-weather option throughout the year.

WHAT TO BRING

- Shin pads (Mandatory)
- Astro turf / stud-free trainers (Mandatory)
- Appropriate sportswear (Mandatory)
- A change of clothes for afternoon lessons (Strongly Advised)
- Water bottle & healthy snacks (Advised)
- Light rain jacket & warm layers (Advised)
- Small towel & deodorant to freshen up (Advised)

Football English Language Classes

IN THE CLASSROOM

Each afternoon, students enjoy two hours of dynamic English lessons at EP Stratford. To keep things fresh and exciting, we bring their passion into the classroom by building every session entirely around the world of football, making language learning genuinely fun and relevant.

Students will explore English through:

- **Football vocabulary, tactics, and commentary language**
- **Analysis of famous moments and matches in football history**
- **Physical and fitness terminology used in professional coaching**
- **Discussion, debate, and collaborative team activities**

FINAL PRESENTATION

Working in mini-groups throughout the week, students build towards a final presentation on a football topic of their own choosing. This project-based goal fosters independent thinking, encourages research skills in English, and gives every student something to be proud of at the end of the course. Topics can range from a favourite player or team to a tactical breakdown or a moment in football history.

Accommodation: The Homestay Experience

All students are placed with carefully selected local host families, providing a warm and welcoming home environment throughout their stay. Living with a host family is a fantastic opportunity to practise English in everyday life, experience British culture first-hand, and build lasting memories beyond the programme itself.

- Full board accommodation is included in the programme price, covering:
- Breakfast and evening meal provided daily by the host family
- A packed lunch on coaching and classroom days
- Single or twin room placement (subject to availability)
- Host families are located within easy reach of EP Stratford and The Score Centre

GETTING AROUND LONDON

To easily travel to classes and explore the city in their free time, students will use London's excellent public transport. Students can simply pay as they go using a regular contactless bank card, mobile payment (like Apple Pay or Google Pay), or a standard Oyster card. Free and discounted travel is also an option if you apply for an under-18s Zip Oyster card in advance via the Transport for London website. (Please note: Travel costs are not included in the programme price, so please budget accordingly).

WHAT TO BRING

- Personal toiletries (shampoo, body wash, toothbrush, etc.)
- Personal towels
- Any required prescription medication
- A UK SIM card or roaming plan (to stay in contact with their Group Leader and host family)
- Appropriate clothing for all weather (London weather can be unpredictable!)
- Personal spending money for lunches, snacks, and leisure activities

Excursions & Activities

Stratford's incredible sporting location makes it one of the most exciting bases for a football-themed programme anywhere in the UK. Throughout the week, students will enjoy a mix of local team activities, with the absolute highline of the programme being:

WEST HAM UNITED LONDON STADIUM TOUR

Just minutes from EP London, students will tour the iconic London Stadium. This impressive arena was originally built as the centrepiece of the 2012 Olympic Games and is now one of the premier football venues in England. As a Premier League home ground and a landmark of sporting history, it offers a truly memorable experience for any football fan!

*Please note: Additional paid excursions are available on request and can be tailored to your group's interests. We are also happy to arrange further activities in and around Stratford and East London.

SAMPLE WEEKLY TIMETABLE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Football Coaching					Full day excursion
Afternoon	Football English				Final Presentations	

*Excursions/Evening: Big Ben and Westminster walking tour, National Gallery, Leicester Square and Covent Garden, Tower of London, Tower Brisge and Borough Market walking tour & West Ham Stadium. Full day: Cambridge.

EP Academy

Price: £1,245 net per person

To enquire or book, please contact your sales representative.