



# Student Handbook

**London Canary Wharf** 





Welcome to English Path.

This guide will help you make the most of your experience at EP Canary Wharf.

## Contents

| About Canary Wharf          | 4  |
|-----------------------------|----|
| About the school            | 6  |
| About your course           | 8  |
| Accommodation               | 11 |
| Homestay                    | 12 |
| IQ Sterling Court           | 13 |
| McMillan                    | 14 |
| Social programme            | 16 |
| Recommendations             | 17 |
| When you arrive             | 18 |
| Further education advice    | 21 |
| Study tips                  | 22 |
| Airport transport           | 24 |
| International trainstations | 26 |







# **About London Canary Wharf**



#### **Famous landmarks**

'Big Ben', Houses of Parliament, The London Eye, The Shard, Westminster Abbey, St. Paul's Cathedral, Wembley Stadium, The Tower of London, Tower Bridge, Buckingham Palace, Trafalgar Square



## **City personality**

Academic, active, artistic, big city, bike-friendly, business capital, creative, cultural, eco-friendly, foodie scene, friendly, iconic landmarks, modern, plentiful green spaces, unique, vibrant, youthful



## What makes this city unique?

The biggest metropolitan and multicultural city in the UK, with fascinating history, a vibrant artistic scene, and a variety of cuisines from around the world.



## **Transport within a 10-minute walk**

- East India, DLR Station (underground),
   4 minute walk
- Blackwall, DLR Station (underground),
   7 minute walk
- Bus stops D3 & N550 (bus), 5 minute walk (buses to Canary Wharf centre, Limehouse Whitechapel, and Bethnal Green).



#### **Restaurants within a 20-minute walk**

About Canary Wharf EP

Modern British, Italian, Ice cream, American, Chinese, pan Asian, Indian, Jamaican.



## Alternative things to do

- Explore street art across the city: Shoreditch, Brick Lane, Waterloo Tunnel, Camden.
- Take in beautiful views of the city at Sky Garden (free entry, must pre-book online at least 1 month ahead).
- Browse priceless antiques across vintage markets (Wembley \*last Wednesday of every month\*, King's Cross, Brick Lane, Portobello Road, Hackney Flea market.
- Brixton Windmill.
- Visit the old London Wall.

Reasons to choose this city



One of the most diverse cities in the world



Rich with historical landmarks and attractions



Home to the oldest and amongst the most efficient transport system in the world



Canary Wharf
is known for its
modern skyscrapers,
stunning bridges,
and impressive
public spaces



Vibrant nightlife (Bars, Pubs, Music venues)



Why choose to study in our Canary Wharf school?

Close to the centre of London.

 Campus is based in a professional, business environment.

- Minutes from excellent transport links.
- A range of nearby eateries and supermarkets.
- Social programme with afternoon, evening, and weekend trips.
- Experienced customer service & academic team.



Find us on

Google maps



Phone: +44 (0) 759 841 4651 Emergency phone: +44 (0) 749 400 2815







Languages spoken by staff:
 English, German, Turkish, Portuguese,
 Spanish, Mandarin, Cantonese, Urdu.

### **Services & facilities**

Buildings: 1

Floors: 1

- School facilities: Student lounge, Microwave facilities, self-study area, library, toilets, prayer room, wi-fi (free), elevator, underground parking, modern & spacious classrooms with smart TVs, AC/Heating, on-site
- Other services provided: Social activity programme, airport transfer, medical insurance.
- **Levels of English offered:** Intermediate and Upper-Intermediate.
- Reception: The friendly student services staff can direct you to the EP front desk and classrooms.
   A Student Services Officer and an Director of Studies will always be present to answer any questions you may have



## School holidays & London public holidays

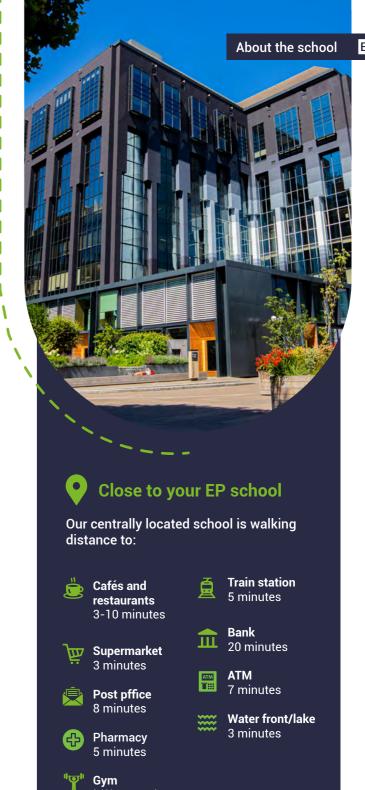
The school is going to be closed on the below dates. Please make sure to book your course/accommodation accordingly. Course days that fall on a public holiday are not reimbursed.

#### Public holidays will be:

• 2025: 22 - 26 Dec.

 2026: 01 Jan, 03 Apr, 06 Apr, 04 May, 25 May, 31 Aug, 25 - 31 Dec.

The above dates are observed as holidays in the year. If you arrive on a week where the Monday is a holiday, your first day of school will be a Tuesday.



## **?**

## Need help? Not satisfied? Have a problem?

At EP we believe that communication and an open-door policy is key to efficiently resolving any issue you might have. If you need help, are not satisfied with one of our services or you need advice, please talk to our staff at school. They will be able to help and assist quickly with any concerns you might have.

# First day at school

- Inductions start at 08:45am (for morning students), and 12:00pm (for afternoon students).
- This includes a placement test, induction presentations about the school and academic programmes and the distribution of class timetables.
- A tour of the local area.
- Have your picture taken for Student I.D. card.
- Must complete the emergency contact details & publicity consent form.
- A welcome coffee (midday).
- Classes begin at: 10:45am (classic morning), 12:45pm (elective/semi-intensive), 01:45pm (classic afternoon).
- On your first day, you are expected to bring your passport and proof of medical insurance.
- You will receive a welcome bag with complimentary goodies and a SIM card if you need one.

# Your weekly class timetable

|                                 | Hours pw | What  | Lesson times                                    |
|---------------------------------|----------|---|---|
| Classic<br>Morning 30+          | 15       | General English   | 09:00 - 12:15                                   |
| Semi-intensive<br>Morning 30+   | 22       | Classic Morning +<br>Elective + Speaking<br>Skills (Tues/Wed) | 09:00 - 13:30<br>09:00 - 14:45<br>(Tues & Weds) |
| Classic<br>Afternoon 30+        | 15       | General English   | 13:45-17:00                                     |
| Semi-intensive<br>Afternoon 30+ | 20       | Classic Afternoon +<br>Elective                               | 12:30-17:00                                     |
| Super-intensive 30+             | 30       | Classic Morning<br>+ Classic Afternoon                        | 09:00-17:00                                     |



## **Courses**

- Classic (Morning/Afternoon)
  15 hours per week
- **Semi-intensive Morning** 22 hours per week
- Semi-intensive Afternoon 20 hours per week

**Super-intensive** 30 hours per week

One-to-one
Up to 20 Lessons

Professional Certificates:
Business Management
Leadership Digital Marketing



#### **Extracurricular activities**

- Daily activities (afternoons and/or evenings)
- · Monthly course tutorials
- · Monthly skills test
- · Weekly unit test
- Masterclass Programme (seasonal 12-week programme)
- Conversation clubs (weekly)





## **Electives list sample**

English Path offers a variety of elective courses that allow students to explore their interests and develop their skills. These courses are taught by experienced and qualified teachers, and they are a great way to supplement your general English studies. Electives depending on your level of English, the EP campus and current availability:

- Speaking
- Listening
- Reading
- Writing
- Pronunciation
- Idioms and Phrasal verbs
- Grammar
- Vocabulary
- Everyday English
- Debate and Public Speaking
- Business English
- English for Hospitality
- Digital Marketing
- Personal Branding
- IELTS Preparation
- Academic Skills
- Employability Skills



## **Teaching methodology**

At English Path we use the communicative approach which means:

- A focus on speaking
- Interactive lessons
- Noticing students' gaps and reacting to them
- Going beyond the textbook
- English for real life outside the classroom
- Understanding each student's individual needs

All EP teachers are trained in this approach from their first day, so students have the same experience in all levels at all EP locations. Take a look at our graduation ceremony







**Books:** Empower (Cambridge) Language Hub (Macmillan), Outcomes (Cengage).

**Additional material used:** Audio, Digital Presentation Material, Authentic Materials.



## **Students**

**Maximum number of students per Class: 15** 

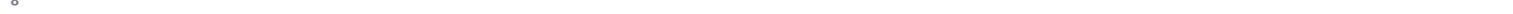
Minimum age of students: 30 Average age of students\*: 47

**Nationality mix\*:** Colombia, Brazil, Ukraine, Turkish, Italian, Spanish, French.

\*As per 2024 stats. Nationality mix and age varies.

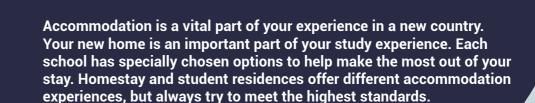
**End of course certificate:** you will receive a course certificate at the end of your course.











Please make sure you check with your representative, as all accommodation options are based on availability.

## Which accommodation option should I choose?

The choice of accommodation depends on your preferences, needs, and budget. Below are some important factors you need to consider.

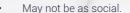
## Homestay

- Immerse in local culture & customs.
- Host assistance for gueries.
- Towels, kitchen utensils, and more provided.

## Student residence

- Easy access to good facilities and nearby amenities.
- 24h assistance.

Budget-friendly.



- Host family rules may apply.
- It can be up to 75mins travel.
- Noise levels might be high.
- Might be sharing facilities with other students
- Might be expensive.

## **Booking student accommodation in 3 simple steps**

## Step 1

You can indicate your preferred type of accommodation (homestay or residence) on the application form during your application for a course. Our Student Services team will record the preferred choice of accommodation.

## Step 2

EP will be able to secure the accommodation option once the invoice has been paid. Our team will send you the accommodation confirmation with further details on the selected option.

## Step 3

You will need to confirm your arrival and send your flight details to our team, as soon as the flight is booked and no later than one week before the flight date. Our team will be able to book and confirm your accommodation and/ or transfers and provide more details within the confirmation document.

If you arrive at a residence or homestay between 22.00-08.00 you may be asked to book alternative accommodation in a hotel on the first night due to late/early arrival at the accommodation.

We work with both directly recruited homestay hosts and carefully selected, accredited third-party accommodation providers.

- · Direct agreements: Many of our homestay hosts work directly with us under our supervision. We visit, approve, and monitor them regularly to ensure they meet accreditation standards. We also work directly with some residence providers.
- · Accommodation agency partnerships: We also use trusted third-party agencies to arrange accommodation. These agencies are required to meet the same quality and safeguarding standards.
- · Whether your accommodation is organised directly by us or through an agency, you will benefit from the same high standards of care, support, and

## **Homestay**

2 meals per day (breakfast, Half board homestav\* dinner). 14 meals per week. (Mon-Sun).

Bed and breakfast\*

1 meal per day (breakfast). 7 meals per week. (Mon-Sun).

\*Students that have chosen these options might not be allowed to cook in the kitchen. They will have to order meals from restaurants, etc.



## Things students need to bring

Toiletries, personal items to make student's room feel like home, prescription medication, a small gift for the host family (not required)



### Meals provided

Yes (depends on booking type, please refer to the table at the top of the page).

Meals are usually eaten with the family unless otherwise arranged and special diets such as vegetarian, halal and other requirements can be catered for an additional fee. Please tell us if you have a special requirement when you request your accommodation.

**Breakfast:** Breakfast is usually a light meal consisting of cereal, fruit, toast, juice, or coffee. Hosts will usually ask you to prepare your own breakfast.

**Lunch:** You will be responsible for buying your own lunch at school, from a local restaurant. or the local shops.

**Dinner.** If you book Half Board, you will usually eat dinner with your host, or occasionally you may prepare your own meal with food supplied by your host, please expect your host to set the dinner time and let them know if you are unable to arrive on time.



## Services included

Bed linen, towels, telephone use for emergencies. Students need to make sure to discuss laundry with their host family after you arrive as laundry facilities will depend on the individual homestay.

Extra cost of services: Some hosts might charge a fee for the use of kitchen if you want to prepare your own meals.



## Will the homestay arrange to pick up the student from the airport?

No, however, you can book your airport transfer with your EP school. The transfer to the accommodation will then be organised accordingly.



### Transport to school

Your host will help you to find your way to and from school on your first day and will show you how to use public transport.



## Where are the host families located?

Homestays are situated within 30-55 minutes of the city centre in different areas of the city.

## **IQ Sterling Court**

Located in Wembley Park, iQ Sterling Court offers modern, fully furnished student living. Ideal for balancing study and social life, it provides excellent transport access, an onsite team, and vibrant nearby attractions like Wembley Stadium and Boxpark Wembley.

#### Features and Facilities:

- Private dining room on site to host your friends for dinner
- · Laundry facilites on site
- · Social Spaces: Includes a games room, lounge with vending machines, common areas, library/quiet study zones, and an outdoor courtyard.
- · Wi-Fi across the residence
- 24 hour security on-site
- Game area



Address: 6 Lakeside Way, Wembley Park, Wembley, London, HA9 0BU

Travel time to Canary Wharf: 50 minutes



#### **About the residence**

**Accommodation types:** Standard Studio.

**Bedrooms:** The bedroom contains the following: bed, pillow, bedding & linen, chair, desk, window, wardrobe

Bed size: Small Double bed with under bed storage.

Bathroom: En suite with shower.

**Kitchen:** Private kitchen with fridge/ freezer, microwave oven and sink basin.

Facilities: Games room, social spaces, lounge areas, study rooms, laundry facilities

Reception/ security desk: 24-hour reception.

**Extra costs:** Laundry facilities -prices may vary depending on location. Student to provide own washing powder.

Neighbourhood: Transport: Just a 10-minute walk to Wembley Park Tube Station (Jubilee & Metropolitan lines), with excellent links to central London and major universities (UCL, LSE, KCL, University of Westminster). Wembley Stadium, SSE Arena, London Designer Outlet, Boxpark Wembley, and King Edward VII Park are all within walking distance.

Visitors/guests: No overnight guests allowed.

**Noise:** Residents are required to respect all other residents and maintain a level of noise that does not disturb others. Quiet hours are 10 pm-8am.

Smoking: All facilities and residents' rooms are non-smoking.

Cleaning service: Rooms cleaned before check-in, students are responsible for the cleanliness of their own rooms.

Beddings/towels: Bedding and linen are provided on check-in, the student is responsible for the cleaning of linen. Student are to bring their own towels.

Minimum stay: 1 week minimum stay.

Check-in/check-out: Saturday check in from 3pm / check out 10am.

#### **Acommodation location** (approx. times):

Up to 40 minutes by public transport to EP London

Up to 1 hour 10 minutes by public transport from Heathrow airport

Up to 1 hour 20 minutes by public transport from Gatwick airport

Up to 1 hour 10 minutes by public transport from London City airport

Up to 30 minutes by public transport from St Pancras International station





## **McMillian Residence**

Nestled in a vibrant and welcoming community, McMillan Residence offers a perfect blend of comfort, convenience, and modern living. Designed with students and young professionals in mind, this residence boasts contemporary interiors and thoughtfully crafted spaces. Each room is furnished to provide a cozy and productive environment, with amenities that cater to both study and relaxation.

- Prime location
- Modern facilities
- Fully furnished rooms
- Community atmosphere
- 24-Hour security on-site
- Close to attractions
- Flexible options



Address: Creek Road, London SE8 3BU **Travel time to Canary Wharf: 20 minutes** 

## **About the residence**

## **Accommodation types:**

standard studio

**Bedrooms:** the bedroom includes the following: bed, pillow, bedding and linen, chair, desk, window, and wardrobe.

Bed Size: small double bed with under-bed storage.

Bed Size: en-suite with shower.

**Kitchen:** private kitchen with fridge/ freezer, microwave oven, and sink basin.

Facilities: on-site gym, cinema room, games room, social spaces, lounge areas, study rooms and laundry facilities.

Extra cost facilities: laundry facilities - prices may vary depending on location. Students must provide their own washing powder.

Visitors/guests: no overnight guests.

**Noise:** : residents are required to respect other residents and maintain noise levels that do not disturb others. Quiet hours are from 10 pm to 8 am.

Smoking: no smoking allowed anywhere in the residence.

## Reception/security desk:

24-hour reception

Cleaning service: rooms are cleaned before check-in. Students are responsible for the cleanliness of their own room.

Beddings/towels: bedding and linen are provided at check-in. Students are responsible for cleaning their own linen. Students must bring their own towels.

#### Minimum weeks requests:

a minimum stay of 4 weeks is required.

Check-in/check-out: Saturday check in from 3pm / check out 10am.

#### **Accommodation location:**

• Up to 20 minutes by public transport to English Path London

Important note: To lock their rooms, students need to touch the fob key on the sensor once they close their room door, otherwise anyone





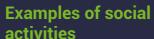


# Social programme

At English Path, our students take advantage of what London has to offer with our social programmme.

London, the UK's largest city, is one of the most multicultural cities in the world. Its diverse population reflects the city's cultural scene. London is home to numerous museums, galleries, festivals and sports activities.

Check our live social programme here



- Tate britain: free
- Borough market: free entry, £7-13 for food
- Greenwich Peninsula golf: £15 per person
- Canary Wharf outdoor Cinema (summer): free
- O2 Arena bowling: £8-12 per person
- Chinatown walking tour. free (not including food)
- River Thames boat tour: £14 Per person
- (On-campus) creative writing workshop: free
- Westminster walking tour: free





| Mon                  | Tue                                       | Wed                                | Thu                              | Fri   | Sat/Sun   |
|----------------------|---|------------------------------------|----------------------------------|---|---|
| Conversation<br>Club | Evening<br>at Greenwich<br>Golf Peninsula | Visit Art gallery/<br>Museum visit | Market visit:<br>Borough, Camden | Friday evening<br>dinners and/<br>or pub nights | Daytrip to nearby<br>city: Oxford,<br>Cambridge, Bath |







## Checklist & other useful information

Here are a few important items that you should bring with you:

- Passport
- Acceptance letter
- Accommodation letter
- Proof of health/medical insurance
- A bit of cash and credit/debit cards/ Apple or Google Pay
- Weather-appropriate clothing (depending on the season you come to London)
- Adaptor for electrical appliances
- Prescription medication and medical records
- Emergency information
- Toiletries
- Notebook and pen
- Backpack for classes, social programmes, and daytrips
- Reusable water bottle



## Before you leave your country

Here are some important things you need to know to make your arrival as smooth as possible. Use our checklist to ensure you don't forget anything and are prepared for the exciting times ahead.



## **Pocket money**

Recommend weekly budget: £150. This should cover expenses, laundry, local travel and activities. You will need additional money if you want to take weekend trips. Bring £100 with you in cash and a debit or credit card. You will need to check with your financial institution to make sure you will be able to withdraw money from a UK ATM. Do not bring foreign currency. It is not wise to carry around large amounts of cash.



## Clothing

Most students dress casually for classes, but you should bring nice clothes for going out and sportswear for sports and outdoor activities. The climate is changeable and maybe different from your own. The typical temperature is 25-30°C in the summer and 2 to 6°C in the winter, although it can drop below freezing. Bring waterproof clothing if you're arriving in the autumn or winter.

Recommendations EP



## **Electrical current**

Standard voltage in the UK is 230 volts; remember to bring an adaptor with you or buy one when you arrive.



## **School notifications**

We encourage you to follow the school's Instagram account before you arrive and especially during your stay. This will give you an idea of what is happening at the school and help you connect with staff and students. This is also where we will post notification of any unexpected school closures: it is important you check our Instagram account for any messages while you are attending the school, especially if there is severe weather in the area (e.g. snowstorm, flood, etc.). If the school cannot open or school opening will be delayed, we will post a message as soon as possible (the night before or in the morning) to advise you of this, along with information on how to get further updates and any alternate scheduling (if applicable). Follow EP! @englishpathschools

17

16

## When you arrive

# When you arrive in London



Arriving at the airport in a foreign country can be overwhelming. To better prepare yourself, make sure that you have read the information below about your arrival and how to get to your accommodation. If you get lost or confused upon arrival, don't be afraid to ask the airport staff for help as they will be happy to give assistance.

#### **EP transfers**

Students should arrive at Heathrow, Stanstead, Gatwick or Luton Airport. We request that you book your flights according to the start date. You must arrive on the Saturday or Sunday prior to your course start

If you have booked a transfer service, a driver will meet you outside the customs area and drive you to your homestay or residence. Please ensure you arrange and pay the transfer fee in advance.

## Transfer service emergency contact details

If you have any flight changes, miss a connecting flight or need help meeting the transfer service, you should call one of the following emergency numbers. Please be prepared to tell them your name, school name (English Path) and location. Students should only accept a transfer from a greeter with the official English Path signage.



## Independent transfers

Heathrow Express, National Rail, Underground, Mini cab

TAXI SERVICE Cost one way:

- Heathrow £125
- Gatwick £155
- London City £125
- Stansted £175
- St Pancras £105

Luton £175

### Living costs (sample prices for items in this city)

• Bottle of water: £0.75

• Coffee: £3.55

• Can of coke: £1.50-2

• Meal out for two: £50

• Takeaway pizza: £10-17

Sandwich: £3

• Local bus ticket: £1.65

London underground ticket: £2-5 (single journey)

• Bike rental: £2 for 30 mins Santander

• Cinema ticket: £16



#### **Local customs**

- · Women in the UK are equal to men and should always be treated fairly.
- All people treat one another with dignity and respect. British people are very empathetic, often consider the feelings of others, and are willing to listen to those with different views and opinions.
- British people sometimes talk to strangers in public areas. This is a great way to practice English, but caution should be taken. You should not give out your address and telephone number or accept inappropriate invitations.
- "Please" and "thank you" are very important words! Always use them if you ask someone to do something for you, or if they help you or give you information.
- The UK is a culturally diverse nation where people of all ethnic backgrounds are treated equally. All individuals should challenge any prejudice they witness (prejudice is the negative opinion or feelings towards something or someone without reason).
- People in the UK leave a tip for good service in restaurants, hair salons and other places. The tip rate at most restaurants is about 10-15% of the bill and is sometimes included. Fast food is not tipped unless it is delivered. Porters in stations, airports and hotels should be tipped approximately £2 per bag. Taxi drivers are generally given a 15% tip.
- No one is above the law, which is put in place to protect everyone. Students should be aware of their legal rights and responsibilities. All individuals hold freedom of choice (within the law).



## **Health and safety**

• **Medical insurance:** If you are studying in the UK for less than 6 months, you should take out private health insurance before coming to the UK.

EP offers free student insurance but it covers the basic medical treatment only. For more information visit www. englishpath.com studentinsurance If you need to see a doctor, you may go to one of the walk-in centres. To find the walk-in centres nearby you visit: clch.nhs.uk/services/walk-in-centres

- If you get sick: If you get sick while in the UK you should visit a doctor. You can ask the Student Services team or your host family where the nearest doctor is. If you have a minor illness, you can ask staff at a local pharmacist for advice. Remember to bring any relevant insurance or medical documentation with you.
- Protecting your belongings: We strongly recommend you take out insurance for your personal belongings, especially cameras, music players, mobile phones and laptops. Personal items cannot be covered by English Path homestay or residence insurance.
- Prescription medication: Remember to bring enough of your prescribed medication with you as UK pharmacists will not dispense a foreign prescription. International customs agents may ask you questions about your medication upon your departure or arrival, so be sure to pack it carefully. Bring any important medical records (blood type, prescriptions, x-rays) that might be useful for medical care abroad as well as contact information for your health care providers at home.
- **Staying safe at school:** If you or another student has an accident or needs urgent medical attention, please come to reception where the First Aider is located.
- Fire safety: If you discover a fire, press the fire alarm button on the nearest alarm. Leave the building immediately via the fire exit. Make sure you tell a member of EP staff exactly what happened so they can call 999. If you hear the fire alarm, leave the building immediately. Do not run, use the lift or stop to collect your belongings. EP staff will guide you to the fire exit. Go to the assembly point. Follow any instructions given by a member of EP staff and do not go back into the building until you are told to do so by EP staff.
- Personal safety and looking after valuables:

London is generally a safe place but as with a lot of big cities, you should always be alert. Some tips are: Be alert when you are walking alone at night. Avoid carrying large amounts of cash. Do not leave your belongings unattended. In the UK, you do not need to always carry your identification card or passport with you, you can keep it at home and carry a picture of your ID on your phone or a photocopy in your bag.

19 18



## **Emergency services**

• Call 999 in case of fire, a medical emergency

if you need the police.



#### **Medical costs**

 Please note that everyone is entitled to free emergency medical treatment in the UK. However, if you are admitted to hospital, you may be charged if you are not entitled to free medical care (as described before).



#### Law

- Smoking is banned in all public buildings in Britain including bars, restaurants, shops, stations, cinemas, and all public transport. You can smoke on the street. No one under the age of 18 in the UK may buy or consume tobacco or alcohol, including beer and wine. If you are under 18, it's against the law for someone to sell you alcohol, to buy or try to buy alcohol, and for an adult to try to buy alcohol for you.
- For drivers, you must drive on the left hand side, observe all speed limits and signs, give way to emergency vehicles, obey all directions given by police, stop at red traffic lights, and must wear a seatbelt.
- Driving under the influence of alcohol is a very serious crime and police make regular random checks.
- You will need international ID to enter bars, clubs or pubs (e.g. Passport, ID card, driving license).
- Buying, selling and using drugs is illegal.



## Student code of conduct

- You must attend all classes. If you do not attend your classes your representative will be informed.
   If you do not then improve your attendance you may not be able to continue your course. 85% attendance is needed to be able to receive a certificate of completion.
- Be on time for all your lessons.
- Always tell English Path if you are going to be absent from school for any reason and tell your host family if you are going away overnight.
- If you commit a criminal offence or have to be severely disciplined you will be sent home. We will also inform the immigration authorities.
- Be respectful, polite and open to different cultures.

## BANK

## Open bank account

- Main banks in the UK are HSBC, Barclays, Natwest, Nationwide and Santander.
   To open a bank account, the following documents may be needed:
  - Passport or EU ID
  - A valid visa
  - A school letter
- You can get the school letter from Student Services to take to the bank. For online banks, you may open your account online without the school letter from us.



## **Places of worship**

#### **Baptist**

Poplar Baptist Church 2 Zetland St, London E14 6RB

#### **Buddhist**

Kagyu Samye Dzong London Tibetan Buddhist Meditation Centre 15 Spa Rd, London SE16 3SA

#### **Church of England**

All Saints Church Newby Pl, London E14 0EY

#### Hindu

Hindu Pragati Sangha 33 Rhondda Grove, London E3 5AP

#### **Jewish**

East London Central Synagogue 44 Nelson St. London E1 2DE

#### Methodist

Keir Hardie Methodist Church 14 Plymouth Rd, London E16 1PA

#### Muslim

Poplar Mosque & Community Centre 6 Webber Path, London E14 0FZ

#### **Roman Catholic**

St Mary's & St Joseph's Catholic Church 9 Pekin St. London E14 6EZ

## **Further Education Advice**



#### **Exam courses**

#### · IELTS - English Path

IELTS Preparation course is for students who want to take the IELTS Academic Exam. This course is designed to prepare students at intermediate levels and above for the IELTS Exam. It aims to develop your English skills and improve your exam technique.

#### · Cambridge Exam preparation

The Cambridge exams are offered at the B2 First and C1 Advanced levels. They are an internationally recognised qualification which demonstrates your level of English to function at a high level in almost every English-speaking context, both professionally and academically.

#### • Further study in the UK

GBS - If you are looking to attend university or study in the UK, you can ask the Student Services or Academic Team for advice. We are here to provide advice and options on further study or higher education. Our partner school GBS also offers a range of further and higher.





# Study tips



## Study skills

Study skills are how we can organise and improve our learning. For example, what do we do when we learn a new word? Do we make notes? How? It's very important that we are organised in the way we learn, so that we have much better chance of remembering the language and can use it correctly in the future. We would like to teach you some ways to keep learning and improving your English skills. If you practice these Study Skills, it will help you to continue your English language learning wherever you are.

#### Using a dictionary

Dictionaries are a useful resource for researching different meanings, collocations, examples of use and standard pronounciation. Use a mono-lingual dictionary and focus on understanding the meaning rather than the translation of individual words. Translating individual words can often lead to misunderstandings. A great big paper mono-lingual dictionary is best but Cambridge, for example, has an advanced learners' dictionary at www.dictionary.cambridge.org, which is easy to use and provides examples of word use.

#### Learning vocabulary

When you record vocabulary, you should also include longer phrases like phrasal verbs (e.g. get away with), multi-word expressions (e.g. How's it going?), idioms (e.g. raining cats and dogs), and collocations (e.g. take a chance). Please see the language bank, irregular verbs and phonemic chart in appendix 1 and 2.

#### Tracking your progress

As well as placement, weekly and monthly testing, there will be a group study skills session every four weeks where your teacher will give feedback to the class and tips about how to improve in the areas you need help with.

#### Useful links:

bbclearningenglish.com englishclub.com lyricstraining.com ted.com voscreen.com



## **Learning resources**

#### Listening - What to listen to?

Try to listen to as many different types of spoken English as possible, to improve your listening. You can find lots on the internet:

- Music and songs
- TV shows, the news and films
- Speeches and interviews
- Audiobooks

#### Writing - What to write?

Getting the new language you've learnt on paper can really help to consolidate your learning. Think about the language you've learnt that week and try the following:

- · Write an email to a friend/teacher
- Write a diary/journal
- Write a shopping list

#### Reading - What to read?

There's so much you can read to practice your skills; it doesn't have to be a book. You can read signs, newspapers, or even the back of food packets!

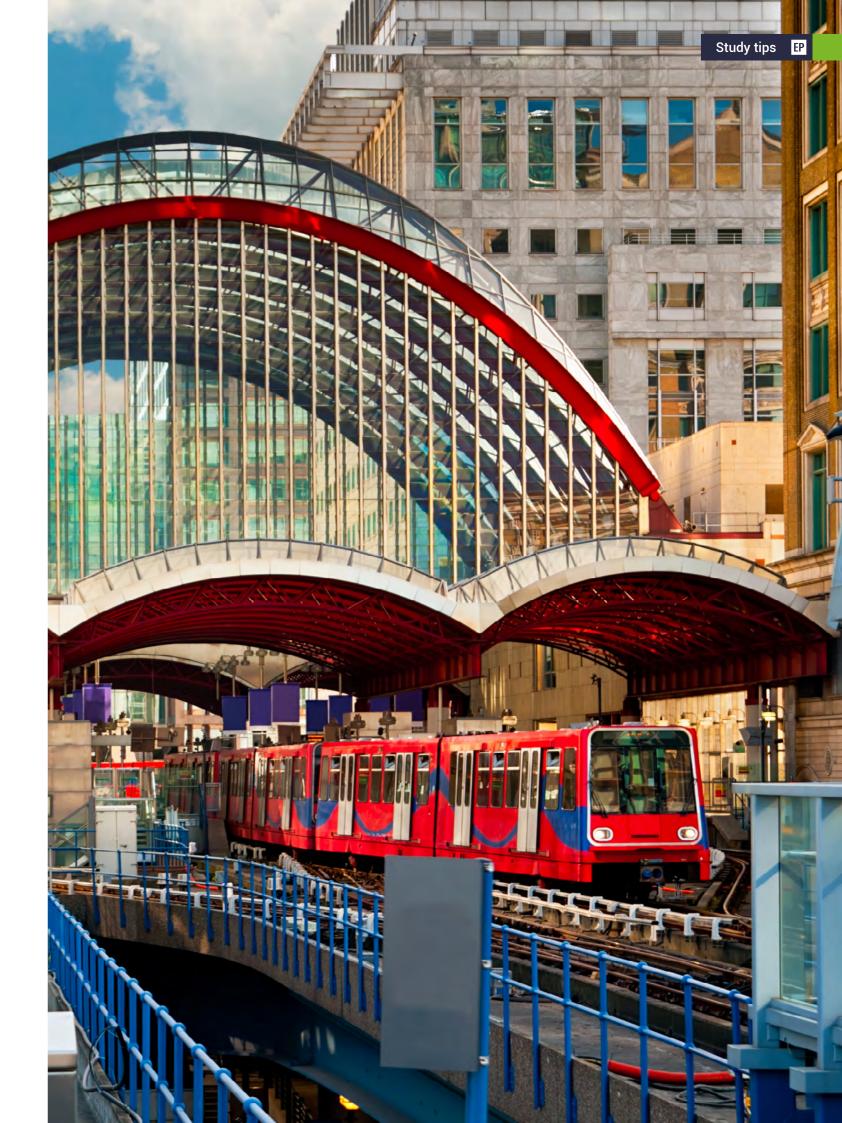
- Find an interesting article online?
- Choose a book you've read in your own language and get reading!

Find an e-book and read it on your daily commute. This site has lots of free ones: **gutenberg.org** 

#### Library and study area

We have a bright and welcoming Library and Study Centre available for students, which provides a fantastic opportunity to help you get more out of your studies.

There are open study areas for group work and guiet areasfor focused self-study. There are also a range of books and computers available for you to use and a Library Assistant will be available to help you find anything you need.





## **Heathrow Airport**

| Mode          | Line or number         | Cost   | Duration (to the centre)                     |
|---------------|------------------------|--------|--|
| Coach         | National Express – 025 | £10-18 | 60 minutes (to Victoria coach station)       |
| Airport train | Heathrow Express       | £25    | 18-25 minutes (to Paddington station)        |
| Underground   | Elizabeth line         | £14    | 30-40 minutes (to Paddington station)        |
| Underground   | Piccadilly line        | £5.60  | 50-55 minutes (to Piccadilly Circus station) |

## **Gatwick Airport**

| Mode               | Line or number         | Cost   | Duration (to the centre)                    |
|--------------------|------------------------|--------|---|
| Coach              | National Express – 025 | £10-14 | 120-145 minutes (to Victoria coach station) |
| National rail      | Southern Rail          | £9.50  | 30-40 minutes (to London Bridge station)    |
| National rail      | Thameslink             | £9.50  | 45-50 minutes (to Farringdon station)       |
| Airport train line | Gatwick Express        | £22    | 45-50 minutes (to Victoria train station)   |

## **Luton Airport**

| Mode          | Line or number         | Cost   | Duration (to the centre) |
|---------------|------------------------|--------|--------------------------|
| Coach         | National Express – A31 | £12-15 | 95-105 minutes           |
| Airport train | Luton Express          | £22    | 30-45 minutes            |

## **Stansted Airport**

| Mode          | Line or number        | Cost   | Duration (to the centre)                 |
|---------------|-----------------------|--------|--|
| Coach         | National Express – A7 | £15-19 | 105 minutes (to Victoria coach station)  |
| Airport train | Stansted Express      | £22    | 50 minutes (to Liverpool Street station) |

- If you choose to book an airport transfer, please, your flight details should be sent to us 4 weeks in advance to reassure we will be able to provide you an airport transfer.
- A driver will meet you after you come through the customs area and drive you to your accommodation.

\*Students under 18 years old must book homestay breakfast and lunch & return airport transfers.



24



| International<br>train station         | Travelling to<br>(approx)   | Travelling<br>from | How to get to EP Canary Wharf  | Website link          |
|--|---|--------------------|--|-----------------------|
| St Pancras<br>International<br>Station | Paris 2 hrs and 17 mins  Amsterdam 3 hrs and 52 mins  Brussels 2 - 3 hrs  Canterbury 51 mins  Brighton 1 hr and 23 mins | London             | Take the Northern line from King's Cross St. Pancras Station to Bank Station (9 min).  Then take the DLR line  Then from Bank Station to East India DLR Station (12 min).  from East India DLR station to English Path Canary Wharf (2 min). | https://stpancras.com |

## Fares (£)

Eurostar trains to cities outside UK

> starts from £39 one way (standard class)

TFL Oyster card

> around £5.60

