

First day at school

- Induction starts at **08:30**.
- This includes a placement test, induction presentations about the school and academic programs and the distribution of class timetables.
- A **tour** of the local area.
- On your **first day**, you are expected to bring your **passport**, your **ETA/visa**, and **proof of medical insurance in English**.
- You will receive a **welcome bag** with complimentary goodies and a **SIM card** if you need one.



Your weekly class timetable

	Hours pw	What	Lesson times
Classic Morning	15	English, IELTS Exam Preparation	09.00 - 12.15
Semi-intensive Morning	22	Classic + 1 Elective	09.00 - 13.45



Courses

- **Classic (Morning)**
15 Hours per week
- **Semi-Intensive (Morning)**
22 Hours per week
- **One-To-One**
- **Professional certificates: Business Management, Leadership & Digital Marketing Professional**
15 Hours per week
- **Pathway programme**
20 Lessons per week

When you arrive in Toronto



Arriving at the airport in a foreign country can be overwhelming. To better prepare yourself, make sure that you have read the information below about your arrival and how to get to your accommodation. If you get lost or confused upon arrival, don't be afraid to ask the airport staff for help as they will be happy to give assistance.



EP transfers

Students should arrive at Toronto Pearson Airport. We request that you book your flights according to the starting date of your specific program. You must arrive on the Saturday or Sunday prior to your course start date. If you have booked a transfer service, a driver will meet you outside the customs area and drive you to your homestay or residence. Please ensure you arrange and pay the transfer fee in advance.



Transfer service emergency contact details

If you have any flight changes, miss a connecting flight or need help meeting the transfer service, you should call one of the following emergency numbers. Please be prepared to tell them your name, school name (English Path) and location. Students should only accept a transfer from a greeter with the official English Path signage.



Transfer service emergency numbers: +1 437 655 6453



Independent transfers

UP EXPRESS Cost: \$12.35, Journey time: 25 minutes

TAXI SERVICE Cost: \$50–60 (plus 10–15% tip), Journey time: 45 minutes depending on location of homestay/residence.



Living costs

(sample prices for items in this city)

- Bottle of water: \$2
- Coffee: \$2
- Can of coke: \$2–3
- Meal out for two: \$60
- Takeout pizza: \$15
- Sandwich: \$5
- Local bus ticket: \$3.35
- Local subway ticket: \$3.35
- Bike rental: \$15
- Cinema ticket: \$13.50



Local customs

Women in Canada are equal to men and should always be treated fairly.

Canadian people talk to strangers in public areas. This is a great way to practice English, but caution should be taken. You should not give out your address and telephone number, or accept inappropriate invitations.

"Please" and "thank you" are very important words! Always use them if you ask someone to do something for you, or if they help you or give you information. Say "sorry" or "excuse me" when you bump into someone. Upon entering a home, remove your shoes.

Canada is a culturally diverse nation where people of all ethnic backgrounds are treated equally.

People in North America leave a tip for good service in restaurants, hair salons and other places. The tip rate at most restaurants is about 15–20% of the bill and is not usually included. Fast-food is not tipped unless it is delivered. Porters in stations, airports and hotels should be tipped approximately \$1 per bag.



Legal services

- Ferreira Koach Immigration Services:
<https://www.immigration4canada.ca/assessment.php>



Open bank account

- The main banks in Canada are RBC (Royal Bank), CIBC, TD, HSBC, BMO, Scotiabank
 - Passport or ID
 - A valid visa
 - A school letter
- You can get a school letter from Student Services to take to the bank.



Laws

- No one under the age of 19 in Ontario may buy or consume tobacco or alcohol, including beer and wine. It is against the law to buy tobacco or alcohol for someone you know who is under the age of 19.
- Driving under the influence of alcohol is a very serious crime and police make regular random checks.
- You will need international ID to enter bars, clubs or pubs (e.g. Passport, ID card, driving license).
- Buying, selling and using drugs is illegal.



Student code of conduct

- You must attend all classes. If you do not attend your classes your representative will be informed. If you do not then improve your attendance you may not be able to continue your course. 85% attendance is needed to be able to receive a certificate of completion.
- Be on time for all your lessons.
- Always tell English Path if you are going to be absent from school for any reason and tell your host family if you are going away overnight.
- If you commit a criminal offence or have to be severely disciplined you will be sent home. We will also inform the immigration authorities.
- Be respectful, polite, and open to different cultures.



Places of worship

- City Shul Synagogue**
30 Stephanie Street
- Metropolitan United Church**
56 Queen Street East
- Masjid Toronto @ Adelaide**
86 Adelaide Street East
- Ming Sing Tao-Tak Temple**
38 St. Patrick Street
- Canadian Chinese Buddhist Ming-Yuet Temple**
22 Cecil Street
- St. Michael's Cathedral Basilica**
65 Bond St, Toronto, ON M5B 1X1
- St. James Cathedral**
106 King St E, Toronto, ON M5C 2E9





Walk-in-clinic

- Patient Networks Family Medicine Walk-in Clinic

157 Yonge Street
Toronto, Ontario
M5C 1X7

+416 362 8822

- Telehealth: 24/7 Access to Healthcare Advice

+1 866 797 0000



Childcare

- The Summerhill Club:

<https://www.thesummerhillclub.com>

- Ontario licensed child care:

<https://www.earlyyears.edu.gov.on.ca/LCCWeb/childcare/search.xhtml>

- Licensed Childcare:

<https://www.toronto.ca/data/children/dmc/a2z/a2za.html>

- Licensed Home childcare:

<https://www.toronto.ca/community-people/children-parenting/children-programs-activities/licensed-child-care/home-child-care-agencies/>

- Babysits for affordable babysitters:

<https://www.babysits.ca/>



Emergency services

Call 911 in case of fire, a medical emergency or if you need the police.



Mental health services

- Talk4healing (for indigenous women):

+1 855 554 4325

- LGBT Youthline Ontario:

+647 694 4275

<https://www.youthline.ca>

(chat, text and email currently available)

Ontario-wide peer-support for lesbian, gay, bisexual, transgender, transsexual, two-spirited, queer and questioning young people.

- Assaulted Women's Helpline:

TOLL-FREE: +1 855 554 4325

TOLL-FREE TTY: +1 866 863 7868

#SAFE (#7233) on your Bell, Rogers,

Fido or Telus Mobile

24-hour telephone and TTY crisis line for all women in Ontario who have experienced any form of abuse.

- Seniors Safety Line:

+1 866 299 1011

Provided by Elder Abuse Ontario, the Seniors Safety Line provides contact and referral information for local agencies across the province that can assist in cases of elder abuse.



Medical costs

Medical costs are at the discretion of your local doctor or hospital. Minimum medical costs are as follows:

- Consultation with a doctor: \$75-100
- Prescriptions at a pharmacy: \$25 per item
- Dental treatment: \$150
- Eye test or new glasses: \$60-100

Taxi drivers are generally given a 15% tip.



Health and safety

- **Medical insurance:** all students must have medical insurance for the duration of their stay in Canada. You can either book medical insurance offered by English Path or you can choose your own.
- **If you get sick:** if you get sick while in Canada you should visit a doctor. You can ask the student services team or your host family where the nearest doctor is. If you have a minor illness you can ask staff at a local pharmacist for advice. Remember to bring any relevant insurance or medical documentation with you.
- **Protecting your belongings:** we strongly recommend you take out insurance for your personal belongings, especially cameras, music players, mobile phones and laptops. Personal items cannot be covered by English Path homestay or residence insurance.
- **Prescription medication:** remember to bring enough of your prescribed medication with you as Canadian pharmacists will not dispense a foreign prescription. International customs agents may ask you questions about your medication upon your departure or arrival, so be sure to pack it carefully. Bring any important medical records (blood type, prescriptions, x-rays) that might be useful for medical care abroad as well as contact information for your health care providers at home.
- **Staying safe at school:** if you or another student has an accident or needs urgent medical attention, please come to reception where the first aider is located.
- **Fire safety:** If you discover a fire, press the fire alarm button on the nearest alarm. Leave the building immediately via the fire exit. Make sure you tell a member of EP staff exactly what happened so they can call 911. If you hear the fire alarm, leave the building immediately. Do not run, use the lift or stop to collect your belongings. EP staff will guide you to the fire exit. Go to the assembly point. Follow any instructions given by a member of EP staff and do not go back into the building until you are told to do so by EP staff.
- **Personal safety and looking after valuables:** Toronto is generally a safe place but as with a lot of big cities, you should always be alert. Some tips are: be alert when you are walking alone at night. Avoid carrying large amounts of cash. Do not leave your belongings unattended. In Canada, you do not need to always carry your identification card or passport with you, you can keep it at home and carry a picture of your ID on your phone or a photocopy in your bag.