First day at school

- Inductions start at 08:45am (for morning students), and 12:00pm (for afternoon students).
- This includes a placement test, induction presentations about the school and academic programmes and the distribution of class timetables.
- A tour of the local area.
- Have your picture taken for Student I.D. card.
- Must complete the emergency contact details & publicity consent form.
- A welcome coffee (midday).
- Classes begin at: 10:45am (classic morning), 12:45pm (elective/semi-intensive), 01:45pm (classic afternoon).
- On your first day, you are expected to bring your passport and proof of medical insurance.
- You will receive a welcome bag with complimentary goodies and a SIM card if you need one.

Your weekly class timetable

	Hours pw	What	Lesson times
Classic Morning	15	General English	09:00 - 12:15
Semi-intensive Morning	22	Classic Morning + Elective + Speaking Skills (Tues/Wed)	09:00 - 13:30 09:00 - 14:45
Classic Afternoon	15	General English	13:45-17:00
Semi-intensive Afternoon	20	Classic Afternoon + Elective	12:30-17:00
Super-intensive	30	Classic Morning + Classic Afternoon	09:00-17:00

Courses

- **Classic (Morning/Afternoon)**
  15 hours per week
- **Semi-intensive Morning**
  22 hours per week
- **Semi-intensive Afternoon**
  20 hours per week
- **Super-intensive**
  30 hours per week
- **One-to-one**
  Up to 20 Lessons
- **Professional Certificates:**
  Business Management
  Leadership Digital Marketing

When you arrive in London

Arriving at the airport in a foreign country can be overwhelming. To better prepare yourself, make sure that you have read the information below about your arrival and how to get to your accommodation. If you get lost or confused upon arrival, don't be afraid to ask the airport staff for help as they will be happy to give assistance.

EP transfers

Students should arrive at Heathrow, Stanstead, Gatwick or Luton Airport. We request that you book your flights according to the start date. You must arrive on the Saturday or Sunday prior to your course start date.
If you have booked a transfer service, a driver will meet you outside the customs area and drive you to your homestay or residence. Please ensure you arrange and pay the transfer fee in advance.

Transfer service emergency contact details

If you have any flight changes, miss a connecting flight or need help meeting the transfer service, you should call one of the following emergency numbers. Please be prepared to tell them your name, school name (English Path) and location. Students should only accept a transfer from a greeter with the official English Path signage.

Transfer service emergency number:

+ 44 749 400 2815

Independent transfers

Heathrow Express, National Rail, Underground, Mini cab

TAXI SERVICE Cost one way:

- Heathrow £125
- Gatwick £155
- Stansted £175
- Luton £175
- London City £125
- St Pancras £105

Living costs

(sample prices for items in this city)

- Bottle of water: £0.75
- Coffee: £3.55
- Can of coke: £1.50-2
- Meal out for two: £50
- Takeaway pizza: £10-17
- Sandwich: £3
- Local bus ticket: £1.65
- London underground ticket: £2-5 (single journey)
- Bike rental: £2 for 30 mins Santander
- Cinema ticket: £16

Local customs

- Women in the UK are equal to men and should always be treated fairly.
- All people treat one another with dignity and respect. British people are very empathetic, often consider the feelings of others, and are willing to listen to those with different views and opinions.
- British people sometimes talk to strangers in public areas. This is a great way to practice English, but caution should be taken. You should not give out your address and telephone number or accept inappropriate invitations.
- "Please" and "thank you" are very important words! Always use them if you ask someone to do something for you, or if they help you or give you information.
- The UK is a culturally diverse nation where people of all ethnic backgrounds are treated equally. All individuals should challenge any prejudice they witness (prejudice is the negative opinion or feelings towards something or someone without reason).
- People in the UK leave a tip for good service in restaurants, hair salons and other places. The tip rate at most restaurants is about 10–15% of the bill and is sometimes included. Fast food is not tipped unless it is delivered. Porters in stations, airports and hotels should be tipped approximately £2 per bag. Taxi drivers are generally given a 15% tip.
- No one is above the law, which is put in place to protect everyone. Students should be aware of their legal rights and responsibilities. All individuals hold freedom of choice (within the law).

Health and safety

- **Medical insurance:** If you are studying in the UK for less than 6 months, you should take out private health insurance before coming to the UK.

  EP offers free student insurance but it covers the basic medical treatment only. For more information visit www. englishpath.com studentinsurance If you need to see a doctor, you may go to one of the walk-in centres. To find the walk-in centres nearby you visit: clch.nhs.uk/services/walk-in-centres

- **If you get sick:** If you get sick while in the UK you should visit a doctor. You can ask the Student Services team or your host family where the nearest doctor is. If you have a minor illness, you can ask staff at a local pharmacist for advice. Remember to bring any relevant insurance or medical documentation with you.
- **Protecting your belongings:** We strongly recommend you take out insurance for your personal belongings, especially cameras, music players, mobile phones and laptops. Personal items cannot be covered by English Path homestay or residence insurance.
- **Prescription medication:** Remember to bring enough of your prescribed medication with you as UK pharmacists will not dispense a foreign prescription. International customs agents may ask you questions about your medication upon your departure or arrival, so be sure to pack it carefully. Bring any important medical records (blood type, prescriptions, x-rays) that might be useful for medical care abroad as well as contact information for your health care providers at home.
- **Staying safe at school:** If you or another student has an accident or needs urgent medical attention, please come to reception where the First Aider is located.
- **Fire safety:** If you discover a fire, press the fire alarm button on the nearest alarm. Leave the building immediately via the fire exit. Make sure you tell a member of EP staff exactly what happened so they can call 999. If you hear the fire alarm, leave the building immediately. Do not run, use the lift or stop to collect your belongings. EP staff will guide you to the fire exit. Go to the assembly point. Follow any instructions given by a member of EP staff and do not go back into the building until you are told to do so by EP staff.
- **Personal safety and looking after valuables:** London is generally a safe place but as with a lot of big cities, you should always be alert. Some tips are: Be alert when you are walking alone at night. Avoid carrying large amounts of cash. Do not leave your belongings unattended. In the UK, you do not need to always carry your identification card or passport with you, you can keep it at home and carry a picture of your ID on your phone or a photocopy in your bag.

Emergency services

- Call 999 in case of fire, a medical emergency or if you need the police.

Medical costs

- Please note that everyone is entitled to free emergency medical treatment in the UK. However, if you are admitted to hospital, you may be charged if you are not entitled to free medical care (as described before).

Laws

- Smoking is banned in all public buildings in Britain including bars, restaurants, shops, stations, cinemas, and all public transport. You can smoke on the street. No one under the age of 18 in the UK may buy or consume tobacco or alcohol, including beer and wine. If you are under 18, it's against the law for someone to sell you alcohol, to buy or try to buy alcohol, and for an adult to try to buy alcohol for you.
- For drivers, you must drive on the left hand side, observe all speed limits and signs, give way to emergency vehicles, obey all directions given by police, stop at red traffic lights, and must wear a seatbelt.
- Driving under the influence of alcohol is a very serious crime and police make regular random checks.
- You will need international ID to enter bars, clubs or pubs (e.g. Passport, ID card, driving license).
- Buying, selling and using drugs is illegal.

Student code of conduct

- You must attend all classes. If you do not attend your classes your representative will be informed. If you do not then improve your attendance you may not be able to continue your course. 85% attendance is needed to be able to receive a certificate of completion.
- Be on time for all your lessons.
- Always tell English Path if you are going to be absent from school for any reason and tell your host family if you are going away overnight.
- If you commit a criminal offence or have to be severely disciplined you will be sent home. We will also inform the immigration authorities.
- Be respectful, polite and open to different cultures.

Open bank account

- Main banks in the UK are HSBC, Barclays, Natwest, Nationwide and Santander.
  To open a bank account, the following documents may be needed:
  - Passport or EU ID
  - A valid visa
  - A school letter
- You can get the school letter from Student Services to take to the bank. For online banks, you may open your account online without the school letter from us.

Places of worship

Baptist

Poplar Baptist Church
2 Zetland St, London E14 6RB

Buddhist

Kagyu Samye Dzong London
Tibetan Buddhist Meditation Centre
15 Spa Rd, London SE16 3SA

Church of England

All Saints Church
Newby Pl, London E14 0EY

Hindu

Hindu Pragati Sangha
33 Rhondda Grove, London E3 5AP

Jewish

East London Central Synagogue
44 Nelson St, London E1 2DE

Methodist

Keir Hardie Methodist Church
14 Plymouth Rd, London E16 1PA

Muslim

Poplar Mosque & Community Centre
6 Webber Path, London E14 0FZ

Roman Catholic

St Mary's & St Joseph's Catholic Church
9 Pekin St, London E14 6EZ