



English  
Path



# Student Handbook

2025-26

Toronto, Canada



Welcome to  
English Path.

This guide will help  
you make the most  
of your experience  
at EP Toronto.

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# About Toronto



## Famous landmarks

- CN Tower
- Rogers Centre
- Casa Lorna
- Royal Ontario Museum
- Nathan Phillip's Square



## City personality

Multicultural, artistic, foodie, vibrant, innovative, business capital, academic, green, historic and modern.



## What makes this city unique?

Largest city in Canada, home of the longest street in the world (Yonge Street), diverse neighbourhoods, close to top tourist destinations: Niagra Falls, French Canada, and New York.



## Transport within a 2-minute walk

Subway, bus.



## Restaurants within a 10-minute walk

American, Irish, Chinese, French, Greek, Indian, Italian, Japanese, Mexican, Middle Eastern, Seafood, Thai, Vegetarian, Moroccan, Polish, Caribbean.



## Alternative things to do

Explore the many museums, enjoy many exciting winter activities (skiing, snowboarding) and summer activities (canoeing, biking, hiking, festivals).



# 5

## Reasons to choose this city

### 1

One of the most diverse cities in Canada

### 2

Located in a safe environment

### 3

Varied restaurants and cuisines

### 4

Variety of cultural events (art, music, dance)

### 5

Prestigious universities nearby



# Why study at our Toronto school?

- Located in a beautiful Toronto landmark building in the heart of downtown
- Interesting & varied course offering
- Steps from subway station and streetcars
- Social program with weekend trips to Niagara Falls, French Canada, New York and many more
- Experienced customer experience & academic team



**English Path Toronto, 36 Victoria Street, Toronto, Ontario, M5C 1H3**

**Phone: +1 437 995 4831  
Emergency phone: +1 437 655 6453**

## Staff



Susan Vilhena - Centre & Academic Manager



Ashafina Ashafara - Student Services Assistant

**Languages spoken by staff:** English, Portuguese, French, Turkish, Indonesian/Bahasa, Hindi, Punjabi, Marathi, and Gujarati.

Meet the team



## Services & Facilities

**Buildings:** 1  
**Floors:** 2  
**Classrooms:** 12

**School Facilities:** Student lounge, self-study area, free Wi-Fi, elevator, street parking, modern & spacious classrooms with AC/heating.

**Other Services Provided:** Social activity program, airport transfer, medical insurance.

**Levels of English Offered:** All levels.

**Reception:** The friendly student services staff can direct you to the EP offices and classrooms. A Student Services Officer and an the Academic Manager will always be present to answer any questions you may have.

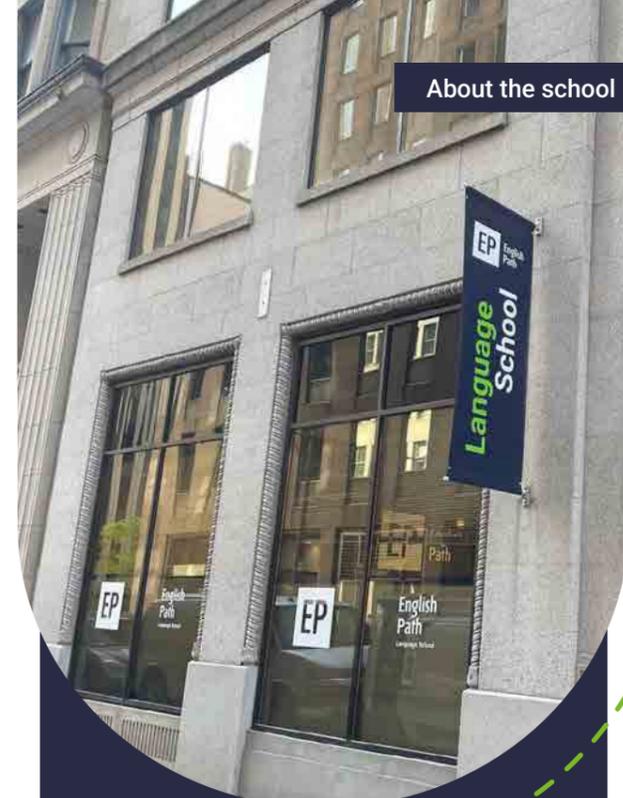
## School Holiday & Canada Public Holidays

The school is going to be closed on the below dates. Please make sure to book your course/ accommodation accordingly. Course days that fall on a public holiday are not reimbursed. The school is going to be closed on the below dates. Please make sure to

**Public holidays will be:**

- **2025:** 13 Oct, 22 - 26 Dec.
- **2026:** 01 Jan, 16 Feb, 03 Apr, 18 May, 01 Jul, 03 Aug, 07 Sep, 12 Oct, 25 - 31 Dec.

The above dates are observed as holidays in the year. If you arrive on a week where the Monday is a holiday, your first day of school will be a Tuesday.



## Close to your EP school

Our centrally located school is walking distance to:

- Cafes and restaurants** 1-5 minutes
- Streetcars** 2 minutes
- Grocery store** 3 minutes
- THE PATH** 2 minutes
- Post office** 1 minute
- Harbourfront** 15 minutes
- Bank / ATM** 2 minutes
- CN Tower** 20 minutes
- Gym** 3 minutes
- Distillery district** 25 minutes
- Subway station** 2 minutes

## Need help? Not satisfied? Have a problem?

At EP we believe that communication and an open-door policy is key to efficiently resolving any issue you might have. If you need help, are not satisfied with one of our services need advice, please talk to our staff at school. They will be able to help and assist quickly with any concerns you might have.

# First day at school

- Induction starts at **08:30**.
- This includes a placement test, induction presentations about the school and academic programs and the distribution of class timetables.
- A **tour** of the local area.
- On your **first day**, you are expected to bring your **passport**, your **ETA/visa**, and **proof of medical insurance in English**.
- You will receive a **welcome bag** with complimentary goodies and a **SIM card** if you need one.



## Your weekly class timetable

	Hours pw	What	Lesson times
<b>Classic Morning</b>	15	English, IELTS Exam Preparation	09.00 - 12.15
<b>Semi-intensive Morning</b>	20	Classic + 1 Elective	09.00 - 13.45

## Courses

- **Classic (Morning)**  
15 Hours per week
- **Semi-Intensive (Morning)**  
22 Hours per week
- **One-To-One**
- **Professional certificates: Business Management, Leadership & Digital Marketing Professional**  
15 Hours per week
- **Pathway programme**  
20 Lessons per week

## Extracurricular activities

- Monthly course tutorials
- Monthly skills test
- Weekly unit test
- Masterclass program
- Conversation clubs



## Electives list sample

English Path offers a variety of elective courses that allow students to explore their interests and develop their skills. These courses are taught by experienced and qualified teachers, and they are a great way to supplement your general English studies. Electives depending on your level of English, the EP campus and current availability:

- Speaking
- Listening
- Reading
- Writing
- Pronunciation
- Idioms and Phrasal verbs
- Grammar
- Vocabulary
- Everyday English
- Debate and Public Speaking
- Business English
- English for Hospitality
- Digital Marketing
- Personal Branding
- IELTS Preparation
- Academic Skills
- Employability Skills

## Teaching methodology

At English Path we use the communicative approach which means:

- A focus on speaking
- Interactive lessons
- Noticing students' gaps and reacting to them
- Going beyond the textbook
- English for real life outside the classroom
- Understanding each student's individual needs

All EP teachers are trained in this approach from their first day, so students have the same experience in all levels at all EP locations.

## School material

**Books:** Empower (Cambridge) Language Hub (Macmillan), Outcomes (Cengage), English File (OUP).

**Additional material used:** Audio, digital presentation material, authentic materials.

## Students

**Average number of students per class:** 12

**Minimum age of students:** 16

**Average age of students:** 23-35

**Nationality mix:** Japanese, Thai, Saudi Arabian, Turkish, Colombian, Mexican, Brazilian, and more.

**End of course certificate:** You will receive a certificate at the end of your course if you have at least 85% attendance.

Take a look at our graduation ceremony



# Accommodation

Accommodation is a vital part of your experience in a new country. Your new home is an important part of your study experience. Each school has specially chosen options to help make the most out of your stay. Homestay and student residences offer different accommodation experiences, but always meet the highest standards.

All accommodation options are based on availability. Please make sure you check with your representative if we have availability.

## What accommodation option should I choose?

The choice of accommodation depends on your preferences, needs, and budget. Below are some important factors you need to consider.

### Student residence



- Convenient location, typically close to campus.
- Easy access to good facilities and nearby amenities.



- Noise levels might be high.
- Might be sharing facilities with other students.
- Might be expensive.

### Shared apartments

- Meet other students from all over the world.
- Easier to socialise.
- Can be more affordable.
- May have to deal with shared chores and responsibilities.
- You might not be able to choose your flatmates.

## Booking student accommodation in 3 simple steps

### Step 1

You can indicate your preferred type of accommodation (homestay, shared apartment or residence) on the application form during your application for a course. Our Student Services team will record the preferred choice of accommodation.

### Step 2

EP will be able to secure the accommodation option once the invoice has been paid. Our team will send you the accommodation confirmation with further details on the selected option.

### Step 3

You will need to confirm your arrival and send your flight details to our team as soon as the flight is booked and no later than one week before the flight date. Our team will be able to book and confirm your accommodation and/ or transfers and provide more details within the confirmation document.

# Homestay

<b>Full board homestay</b>	3 meals per day (breakfast, packed lunch, dinner) from Monday to Sunday. 21 meals per week.
<b>Half board homestay</b>	2 meals per day (breakfast, dinner) from Monday to Sunday. 14 meals per week.
<b>Bed and breakfast</b>	1 meal per day (breakfast) from Monday to Sunday. 7 meals per week.
<b>Adult homestay</b>	Self-catering (no meals)



## Where are the host families located?

Uptown, Downtown, Midtown, East End, West End, East York.

## Meals provided

Yes (depends on booking type, please refer to the table at the top of the page).

**Breakfast:** Breakfast is usually a light meal consisting of cereal, fruit, toast, juice, or coffee. Hosts will usually ask you to prepare your own breakfast.

**Lunch:** If Full board: your host family will prepare a packed lunch for you, which usually consists of a sandwich, fruit or sweets and a drink.

Otherwise: You will be responsible for buying your own lunch at school, from a local restaurant, or the local shops.

**Dinner:** You will usually eat dinner with your host. If you will not be home for dinner, please let your host family know.

## Additional information

Homestays are a 45–60 minute commute to the school.

In Canada, it is customary and courteous to remove one's shoes as soon as you enter someone's home.

## Things students need to bring

Toiletries, personal items to make student's room feel at home, prescription medication, SIM card (SIM cards are also available at the school), a small gift for the host family (not required).

## Services included

Bed linen, towels, telephone use for emergencies, students need to make sure to discuss laundry with their host family after you arrive as laundry facilities will depend on your individual homestay.

**Extra Cost Of Services:** No

## Will the homestay arrange to pick up the student from the airport?

No. However you can book your airport transfer with your EP school. The transfer to your accommodation will then be organized accordingly.

## Transport to school

Your host will help you to find your way to and from school on your first day and will show you how to use public transport.

# Casa Residence

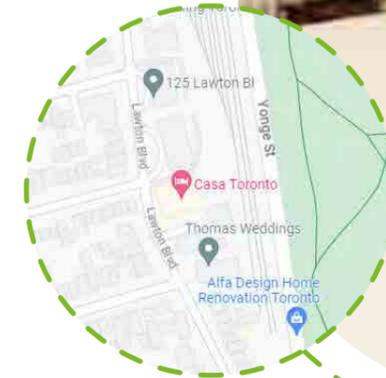
## Residential & shared apartments

Experience Yonge & St. Clair's great location in the heart of Toronto and within walking distance to shops, restaurants, cafes, bars and only five minutes on foot to St. Clair Subway Station.

- Shared and private bedrooms
- Spacious, fully equipped and furnished apartments
- Laundry facility on site
- Community kitchen
- Wi-Fi
- Cable TV and utilities included
- Cleaning not included

**Address:** 101 Lawton Blvd, Toronto ON, M4V 1Z6

**Address:** 2 Glen Elm Ave, Toronto ON, M4T 1T8



## About the residence

**Accommodation types:** Shared student apartments in apartment building mixed with regular Canadian tenants.

- Shared bedroom-shared bathroom
- Private bedroom-shared bathroom

Please consult us for up-to-date pricing.

**Bedrooms:** The bedroom contains the following: bed, pillow, bedding, chair, desk, window, closet.

**Bed size:** Single bed

### Bathroom:

- Shared bathroom = 4 students maximum sharing it
- Semi private = 2 students maximum sharing it.

**Kitchen:** The in-unit kitchen contains the following: fridge, freezer, stove, oven, cutlery, plates, pans, microwave. Kitchen is shared between a maximum of between 4 students.

**Facilities:** Spacious lobby, study room and laundry room onsite, WIFI and Hydro included.

**Extra cost facilities:** Laundry room onsite: cost of the washing machine \$2 - Cost of the dryer \$2 (Prices might vary)

**Neighbourhood:** 2min away walking distance from St. Clair subway station, close to Dollarama, Loblaws supermarket, bars, restaurants.

**Visitors/guests:** Visitors not currently allowed during the pandemic. Visitors must leave by 9 pm. No overnight visitors. Penalty fine for visitors in the unit after 9 or overnight.

**Noise:** Residents are required to respect all other residents and maintain a level of noise that does not disturb others. Quiet hours are 10pm-8am.

**Smoking:** All facilities and residents' room are non-smoking.

**Reception/security desk:** No reception or security desk.

**Cleaning service:** Light cleaning service once a week in the common area. Students are responsible for keeping their room clean. Change of bedding is not included. It is also students' responsibility to maintain cleanliness in the kitchen by washing their dishes, pans, and cutlery after cooking.

**Beddings/towels:** Fresh clean linens and bedding provided at check-in. Students responsible for cleaning after check-in. Towels not provided.

**Minimum weeks requests:** 4 weeks minimum stay. Booking from Saturday to Saturday.

**Check-in/check-out:** Check in between 2pm and 9pm / Check out 10am. From Saturday to Saturday.

**Accommodation location:** 13 min away by public transportation from downtown.

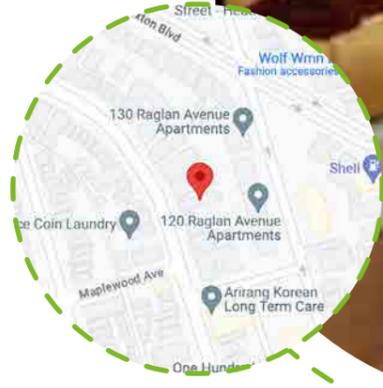
# Dream House

## Residential & shared apartments

Enjoy state-of-the-art facilities while living with other students! Conveniently located in one of Toronto's most lively neighbourhoods, entertainment is on your doorstep!

- Private bedrooms
- Recreational area
- Wi-Fi
- Cleaning included once a week
- Walking distance to restaurants, markets, and more
- Community kitchen
- 30-minutes to downtown
- Steps to public transportation
- Vibrant neighbourhood surrounded by nightlife

**Address:** 181-183-185-187 Vaughan Rd, York, ON M6C 2M3



## About the residence

**Accommodation types:** Students shared house with private bedroom, in unit kitchens and shared or private bathroom.

- Single bedroom-shared bathroom
- Single bedroom-semi private bathroom
- Single bedroom-private bathroom

Please consult us for up to date pricing.

**Bedrooms:** The bedroom contains the following: bed, pillow, bedding, chair, desk, window, closet, safe, and hangers. Steamer and hair dryer available upon request.

**Bed size:** Bedrooms can be equipped with single or double bed depending on the size of the room.

**Bathroom:**

- Shared bathroom = 3 students maximum sharing it
- Semi private bathroom = 2 students maximum sharing it
- Private bathroom = 1 student using it only

**Kitchen:** The in-unit kitchen contains the following: fridge, freezer, stove, oven, pans, microwave, mixer, coffee maker and cutlery. Cutlery is shared. Students get a set of plates and glasses attributed by colour code.

**Facilities:** Recreational room accessible for all buildings that includes: pool table, sofa, TV and aerobic room. All buildings also have access to a patio equipped with a table and BBQ. WIFI and Hydro included in the complex.

**Extra cost facilities:** Laundromat right across the street (178 Vaughan Road) : cost of the washing machine \$2.50 - Cost of the dryer \$2.50 (Prices might vary)

**Neighbourhood:** 10 min walking distance from subway station, close to convenience store, pharmacy, grocery store, bars, restaurants, café.

**Visitors/guests:** One guest maximum per resident is permitted at all times. Overnight guests are not allowed. Guests must leave no later than 11pm.

**Noise:** Residents are required to respect all other residents and maintain a level of noise that does not disturb others. No loud music or noise allowed after 11pm.

**Smoking:** All facilities and residents' room are non-smoking.

**Reception/security desk:** No reception or security desk.

**Cleaning service:** Cleaning service once a week in the common area and bedrooms. Students are responsible for keeping their room and the house in general tidy and clean.

**Beddings/towels:** Fresh clean linen and bedding provided at check-in. Students responsible for cleaning after check-in. Towels not provided.

**Minimum weeks requests:** 4 weeks minimum stay. Booking from Saturday to Saturday.

**Check-in/check-out:** Check in is any time after 4pm / Check out is any time before 10am. From Saturday to Saturday.

**Accommodation location:** 30 min away from downtown by public transportation.

# Dream Apartments

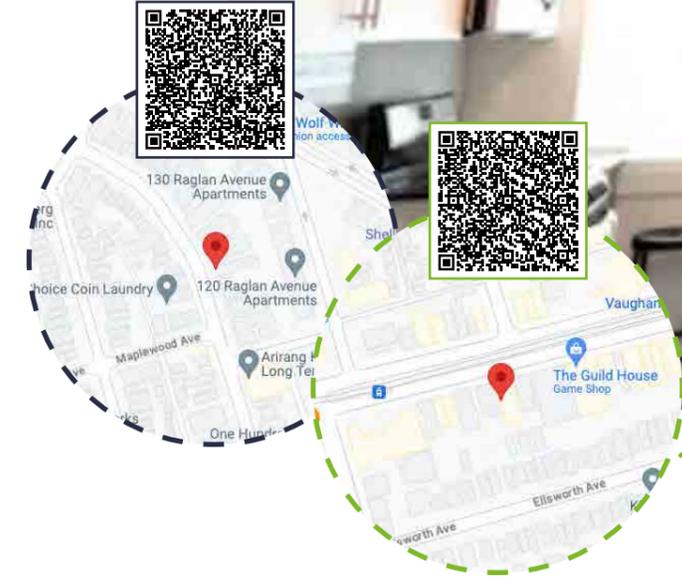
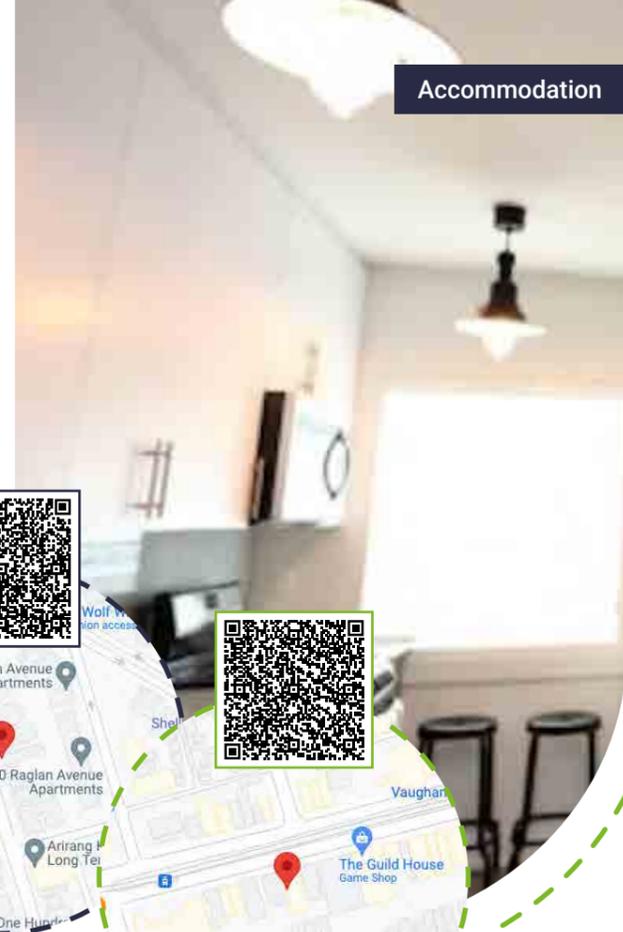
## Residential & Shared Apartments

Shared apartments located in the heart of the city! Fully furnished and just 20 minutes from downtown. Live right in the heart of the city and enjoy the privacy of your own, luxurious apartment.

- Shared and private bedrooms
- Wi-Fi included
- Cleaning included once a week
- Community kitchen
- Fully equipped kitchen
- Steps to public transportation

**Address:** 189 Vaughan Road, York, ON M6C 2M3

**Address:** 595 St Clair Ave W, Toronto, ON M6C 1A3



## About the residence

**Accommodation types:** Shared students' apartments in apartment building mixed with regular Canadian tenants.

- Shared 3 bedroom apartment
- Shared 2 bedroom apartment

Please consult us for up to date pricing.

**Bedrooms:** The bedroom contains the following: bed, pillow, beddings, chair, desk, window, closet, safe, hangers. Steamer and hair dryer available upon request.

**Bed Size:** Double and single beds

**Bathroom:**

- Shared 3 bedroom apt = 3 students maximum sharing the bathroom
- Shared 2 bedroom apt = 2 students maximum sharing the bathroom.

**Kitchen:** The kitchen contains the following: fridge, freezer, stove, oven, pans, microwave, mixer, coffee maker, and cutlery. Cutlery is shared. Student get a set of plates, glass attribute by colour code.

**Facilities:** WIFI and Hydro

**Extra cost facilities:** Laundromat 2min walking distance (627 St Clair Ave W) : cost of the washing machine \$2.50 - Cost of the dryer \$2.50 (Price might vary). Coin laundry across the street for 189 Vaughan.

**Neighbourhood:** 10min walking distance from subway station, close to convenience store, pharmacy, grocery store, bars, restaurants, café.

**Visitors/guests:** One guest maximum per resident is permitted at all times. Overnight guest are not allowed. Guests must leave no later than 11pm.

**Noise:** Residents are required to respect all other residents and maintain a level of noise that does not disturb others. No loud music or sounds allowed after 11pm.

**Smoking:** All facilities and residents' room are non-smoking.

**Reception/security desk:** No reception or security desk.

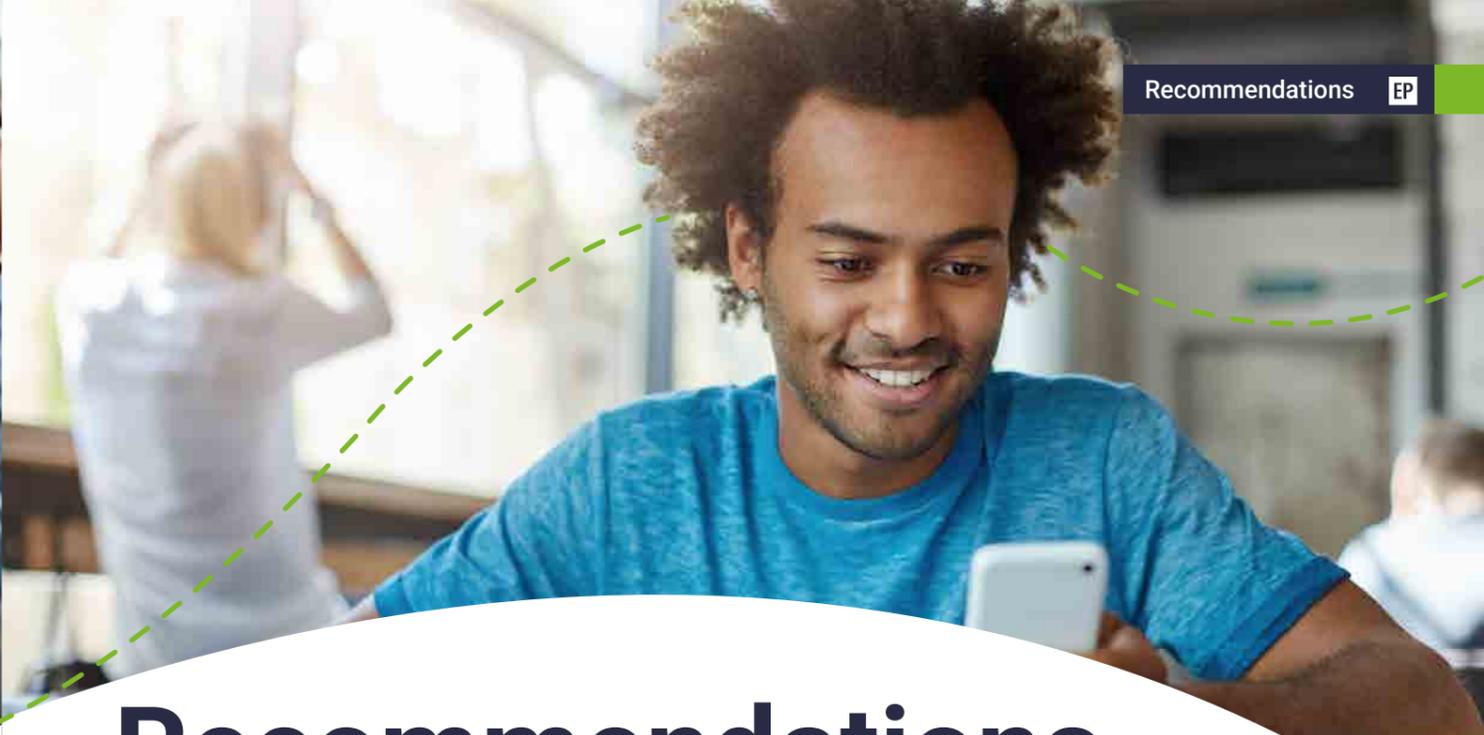
**Cleaning service:** Cleaning service once a week in the common area and bedrooms. Students are responsible for keeping their room and the house in general tidy and clean.

**Beddings/towels:** Fresh clean linen and bedding provided at check-in. Students responsible for cleaning after check-in. Towels not provided.

**Minimum weeks requests:** 4 weeks minimum stay. Booking from Saturday to Saturday.

**Check-in/check-out:** Check in is anytime after 4pm / Check out is anytime before 10am. From Saturday to Saturday.

**Accommodation location:** 30 min away by public transportation from downtown.



# Social program

At English Path, our students take advantage of what Toronto has to offer with our social program.

Toronto, Canada's largest city, is one of the most multicultural cities in the world. Its diverse population reflects the city's cultural scene. Toronto is home to numerous museums, galleries, festivals and sports activities.

## Example timetable

Mon	Tue	Wed	Thu	Fri	Sat/Sun
Walking City Tour	Baseball Game	The Old Spaghetti Factory	Royal Ontario Museum	Pub Night	Niagara Falls

### Examples of social activities

- Art Gallery of Ontario \$30
- Canoeing trip \$35
- Poutine night \$15
- Attend ice hockey game \$30
- Attend baseball game \$30
- St Lawrence Market trip Free
- Niagara Falls \$75

# Recommendations

## Checklist & other useful information

Here are a few important items that you should bring with you:

- Passport
- Acceptance letter
- Accommodation letter
- Proof of health/medical insurance
- A bit of cash and credit/debit cards/ Apple or Google Pay
- Weather-appropriate clothing (depending on the season you come to Toronto)
- Adaptor for electrical appliances
- Prescription medication and medical records
- Emergency information

## Clothing

Most students dress casually for classes, but you should bring nice clothes for going out and sportswear for sports and outdoor activities. The climate is changeable and maybe different from your own. The typical temperature is 25-35°C in the Summer and 10-0°C in the Winter, although it can drop below freezing. Bring waterproof clothing if you're arriving in the Autumn or Winter.

## Electrical current

Standard voltage in Canada is 120 volts; remember to bring an adaptor with you or buy one when you arrive.

## Before you leave your country

Here are some important things you need to know to make your arrival as smooth as possible. Use our checklist to ensure you don't forget anything and are prepared for the exciting times ahead.

## Pocket money

Recommend weekly budget: \$250. This should cover expenses, laundry, local travel and activities. You will need additional money if you want to take weekend trips. Bring \$100 with you in cash and a debit or credit card. You will need to check with your financial institution to make sure you will be able to withdraw money from a Canadian ATM. Do not bring foreign currency. It is not wise to carry around large amounts of cash.

## School notifications

We encourage you to follow the school's WhatsApp account before you arrive and especially during your stay. This will give you an idea of what is happening at the school and help you connect with staff and students. This is also where we will post notification of any unexpected school closures: it is important you check your WhatsApp for any messages while you are attending the school, especially if there is severe weather in the area (e.g. snowstorm, flood, etc.). If the school cannot open or school opening will be delayed, we will post a message as soon as possible (the night before or in the morning) to advise you of this, along with information on how to get further updates and any alternate scheduling (if applicable).



# When you arrive in Toronto



Arriving at the airport in a foreign country can be overwhelming. To better prepare yourself, make sure that you have read the information below about your arrival and how to get to your accommodation. If you get lost or confused upon arrival, don't be afraid to ask the airport staff for help as they will be happy to give assistance.

## EP transfers

Students should arrive at Toronto Pearson Airport. We request that you book your flights according to the starting date of your specific program. You must arrive on the Saturday or Sunday prior to your course start date. If you have booked a transfer service, a driver will meet you outside the customs area and drive you to your homestay or residence. Please ensure you arrange and pay the transfer fee in advance.

## Transfer service emergency contact details

If you have any flight changes, miss a connecting flight or need help meeting the transfer service, you should call one of the following emergency numbers. Please be prepared to tell them your name, school name (English Path) and location. Students should only accept a transfer from a greeter with the official English Path signage.

## Transfer service emergency numbers: +1 437 655 6453

## Independent transfers

UP EXPRESS Cost: \$12.35, Journey time: 25 minutes

TAXI SERVICE Cost: \$50–60 (plus 10–15% tip), Journey time: 45 minutes depending on location of homestay/residence.

## Living costs (sample prices for items in this city)

- Bottle of water: \$2
- Coffee: \$2
- Can of coke: \$2-3
- Meal out for two: \$60
- Takeout pizza: \$15
- Sandwich: \$5
- Local bus ticket: \$3.35
- Local subway ticket: \$3.35
- Bike rental: \$15
- Cinema ticket: \$13.50

## Local customs

Women in Canada are equal to men and should always be treated fairly.

Canadian people talk to strangers in public areas. This is a great way to practice English, but caution should be taken. You should not give out your address and telephone number, or accept inappropriate invitations.

"Please" and "thank you" are very important words! Always use them if you ask someone to do something for you, or if they help you or give you information. Say "sorry" or "excuse me" when you bump into someone. Upon entering a home, remove your shoes.

Canada is a culturally diverse nation where people of all ethnic backgrounds are treated equally.

People in North America leave a tip for good service in restaurants, hair salons and other places. The tip rate at most restaurants is about 15–20% of the bill and is not usually included. Fast-food is not tipped unless it is delivered. Porters in stations, airports and hotels should be tipped approximately \$1 per bag.

## Legal services

- Ferreira Koach Immigration Services:  
<https://www.immigration4canada.ca/assessment.php>

## Open bank account

- The main banks in Canada are RBC (Royal Bank), CIBC, TD, HSBC, BMO, Scotiabank
  - Passport or ID
  - A valid visa
  - A school letter
- You can get a school letter from Student Services to take to the bank.

## Laws

- No one under the age of 19 in Ontario may buy or consume tobacco or alcohol, including beer and wine. It is against the law to buy tobacco or alcohol for someone you know who is under the age of 19.
- Driving under the influence of alcohol is a very serious crime and police make regular random checks.
- You will need international ID to enter bars, clubs or pubs (e.g. Passport, ID card, driving license).
- Buying, selling and using drugs is illegal.

## Student code of conduct

- You must attend all classes. If you do not attend your classes your representative will be informed. If you do not then improve your attendance you may not be able to continue your course. 85% attendance is needed to be able to receive a certificate of completion.
- Be on time for all your lessons.
- Always tell English Path if you are going to be absent from school for any reason and tell your host family if you are going away overnight.
- If you commit a criminal offence or have to be severely disciplined you will be sent home. We will also inform the immigration authorities.
- Be respectful, polite, and open to different cultures.

## Places of worship

- **City Shul Synagogue**  
30 Stephanie Street
- **Metropolitan United Church**  
56 Queen Street East
- **Masjid Toronto @ Adelaide**  
86 Adelaide Street East
- **Ming Sing Tao-Tak Temple**  
38 St. Patrick Street
- **Canadian Chinese Buddhist Ming-Yuet Temple**  
22 Cecil Street
- **St. Michael's Cathedral Basilica**  
65 Bond St, Toronto, ON M5B 1X1
- **St. James Cathedral**  
106 King St E, Toronto, ON M5C 2E9





### Walk-in-clinic

- Patient Networks Family Medicine Walk-in Clinic

157 Yonge Street  
Toronto, Ontario  
M5C 1X7

**+416 362 8822**

- Telehealth: 24/7 Access to Healthcare Advice

**+1 866 797 0000**



### Childcare

- The Summerhill Club:

<https://www.thesummerhillclub.com>

- Ontario licensed child care:

<https://www.earlyyears.edu.gov.on.ca/LCCWeb/childcare/search.xhtml>

- Licensed Childcare:

<https://www.toronto.ca/data/children/dmc/a2z/a2za.html>

- Licensed Home childcare:

<https://www.toronto.ca/community-people/children-parenting/children-programs-activities/licensed-child-care/home-child-care-agencies/>

- Babysits for affordable babysitters:

<https://www.babysits.ca/>



### Emergency services

Call 911 in case of fire, a medical emergency or if you need the police.



### Mental health services

- Talk4healing (for indigenous women):  
**+1 855 554 4325**

- LGBT Youthline Ontario:  
**+647 694 4275**  
<https://www.youthline.ca>  
(chat, text and email currently available)

Ontario-wide peer-support for lesbian, gay, bisexual, transgender, transsexual, two-spirited, queer and questioning young people.

- Assaulted Women's Helpline:

**TOLL-FREE: +1 855 554 4325**

**TOLL-FREE TTY: +1 866 863 7868**

**#SAFE (#7233) on your Bell, Rogers,**

**Fido or Telus Mobile**

24-hour telephone and TTY crisis line for all women in Ontario who have experienced any form of abuse.

- Seniors Safety Line:

**+1 866 299 1011**

Provided by Elder Abuse Ontario, the Seniors Safety Line provides contact and referral information for local agencies across the province that can assist in cases of elder abuse.



### Medical costs

Medical costs are at the discretion of your local doctor or hospital. Minimum medical costs are as follows:

- Consultation with a doctor: \$75-100
- Prescriptions at a pharmacy: \$25 per item
- Dental treatment: \$150
- Eye test or new glasses: \$60-100

Taxi drivers are generally given a 15% tip.



### Health and safety

- **Medical insurance:** all students must have medical insurance for the duration of their stay in Canada. You can either book medical insurance offered by English Path or you can choose your own.
- **If you get sick:** if you get sick while in Canada you should visit a doctor. You can ask the student services team or your host family where the nearest doctor is. If you have a minor illness you can ask staff at a local pharmacist for advice. Remember to bring any relevant insurance or medical documentation with you.
- **Protecting your belongings:** we strongly recommend you take out insurance for your personal belongings, especially cameras, music players, mobile phones and laptops. Personal items cannot be covered by English Path homestay or residence insurance.
- **Prescription medication:** remember to bring enough of your prescribed medication with you as Canadian pharmacists will not dispense a foreign prescription. International customs agents may ask you questions about your medication upon your departure or arrival, so be sure to pack it carefully. Bring any important medical records (blood type, prescriptions, x-rays) that might be useful for medical care abroad as well as contact information for your health care providers at home.
- **Staying safe at school:** if you or another student has an accident or needs urgent medical attention, please come to reception where the first aider is located.
- **Fire safety:** If you discover a fire, press the fire alarm button on the nearest alarm. Leave the building immediately via the fire exit. Make sure you tell a member of EP staff exactly what happened so they can call 911. If you hear the fire alarm, leave the building immediately. Do not run, use the lift or stop to collect your belongings. EP staff will guide you to the fire exit. Go to the assembly point. Follow any instructions given by a member of EP staff and do not go back into the building until you are told to do so by EP staff.
- **Personal safety and looking after valuables:** Toronto is generally a safe place but as with a lot of big cities, you should always be alert. Some tips are: be alert when you are walking alone at night. Avoid carrying large amounts of cash. Do not leave your belongings unattended. In Canada, you do not need to always carry your identification card or passport with you, you can keep it at home and carry a picture of your ID on your phone or a photocopy in your bag.



# Airport transport

	Line/Number	Cost	Duration
Airport to city centre by bus:	Bus 52 or Bus 192	\$3.35	60 minutes
Airport to city centre by train:	GO Train ("UP")	\$12.35	25 minutes
International train station to city centre:	N/A	N/A	N/A

- If you choose to book an airport transfer, please, your flight details should be sent to us 4 weeks in advance to reassure we will be able to provide you an airport transfer.
- A driver will meet you outside the customs area and drive you to your accommodation.

\*Students under 18 years old must book homestay breakfast and lunch & return airport transfers.

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